

Fun opportunities for
Advancement and
Achievement!

Programs for

Girl Scouts

Sponsored by Foothills Kiwanis



*Preserving the history and culture of the people who
once lived in the Great Smoky Mountains*

(865) 448-0044

www.gsmheritagecenter.org

GS2011KP

Appalachian Mountain Culture

STITCHES IN TIME

Duration: 4 hours

Cost: \$15 per person

Spend the afternoon playing old-fashioned games and acting out Jack Tales. Put together an outfit typically worn by a young girl in the late 1800s, and we will take a group picture. Take a tour of our historic cabins and barns, then make a tied quilt for your group. Finish off your visit by making a snack of homemade butter and crackers.

References: Through the Years Try-It, Stitch it Together Try-It, Folk Arts Badge for Juniors

ABIGAIL TRAVELS TO TENNESSEE

Duration: 4 hours

Cost: \$15 per person

Designed for Junior Girl Scouts (but adaptable for any age), this program may meet all requirements for the On My Way badge and select requirements for the Traveler badge. Land travel in the present will be compared to land travel in the 1800s. Your troop will see Tennessee through the eyes of Abigail, who is traveling by wagon to Montvale Springs. Pack a trunk for Abigail. You'll write a letter with quill and ink, as if you are Abigail, describing what she sees along the way. Make a handkerchief doll like Abigail's and cook a dish over a fire. Take a guided tour of our historic cabins and barns and play some old-fashioned games.

References: On My Way and Traveler for Juniors

Choose ONE : Fried pies Cornbread

HOEDOWNS AND HOECAKES

Duration: 4 hours

Cost: \$15 per person

The perfect combination of music and food! Make your own musical instrument and play a song with your troop. You can choose to make a banjo or a dulcimer. Make a pan of cornbread or fried apple pies on the hearth in one of our log cabins, then play some old-fashioned games. Act out your favorite Jack Tale, then put together an old-fashioned outfit and take a group picture.

References: Through the Years Try-It, Sounds of Music Try-It

Choose ONE : Banjo Dulcimer

Choose ONE : Fried pies Cornbread

LISTENING TO THE PAST

Duration: 2 hours

Cost: \$7 per person

A two-hour program, just right for a troop meeting. You'll hear some Jack Tales and act out your favorite one. Make your choice of a corn husk doll or a handkerchief doll, then go outside to play some old-fashioned games and take a tour of our historic cabins and barns. References: Listening to the Past Try-It
**Note: View the film "Peace of Ground" on your own to hear stories from those who once lived in Cades Cove. (24 minutes)*

Choose ONE :

Corn husk doll Handkerchief doll

Self-Guided Tours for Groups

HERITAGE QUEST

Duration: 2 hours

Cost: \$3 per person

Call ahead to schedule a self-guided group tour of the Heritage Center on any day, at a convenient time for your troop. We will provide a scavenger hunt packet to help you to get the most out of your visit.

**PROGRAMS
CAN BE
ADAPTED FOR ANY
AGE!**



Guided tours and activities may meet, in part or in whole, requirements for Try-Its and other Badges. The options chosen by the troop leader determine which badge requirements are met. General references are given after each activity description which correspond to the current badge books for Girl Scouts.

Native Americans of East Tennessee

ENDURING SPIRITS:

OUR NATIVE AMERICAN ANCESTORS

Duration: 4 hours

Cost: \$15 per person

Learn about the earliest inhabitants of this region by examining the items they left behind. Use a stone tool similar to one, centuries old, which was found in the Townsend Dig Project. Make a Native American craft such as a woven basket, a coiled clay pot, or a corn husk doll with traditional clothing. Try two different games and skills, plant seeds to grow your own food and make a tasty snack of frybread.

References: Art to Wear Try-It, Make It/Eat It Try-It

Choose crafts and skills from the options given to the right.

NATIVE PATHS

Duration: 2 hours

Cost: \$7 per person

A two-hour program, which includes readings of Native American folklore, an interactive tour of select displays in our *Native Americans of East Tennessee* exhibit, one historic craft, and two Native American games and skills.

References: Listening to the Past Try-It, Art to Wear Try-It
Choose crafts and skills from the options given to the right.

ONE WITH NATURE

Duration: 4 hours

Cost: \$15 per person

Explore the ways Native Americans historically lived as one with the environment, only taking what was necessary to survive and allowing nature to replenish itself. Learn about the environmental impact of industry in the Smoky Mountains region, the development of the Great Smoky Mountains National Park, and some of the many ways each person can contribute to the longevity of our natural resources. Activities will include a short nature walk on the grounds of the Heritage Center, making a pinecone bird feeder and a model of a habitat, and making a snack of items that could have been eaten by hunter-gatherers. You'll also learn Native American hunting methods, such as using an Atlatl and a blowgun. Reference: Eco-Explorer Try-It

Native American Historic Crafts Options Choose **ONE**:

- Cherokee-style basket
- Coiled-clay pottery
- Corn husk doll
- Woven mat
- Cherokee clan mask

Native American Games & Skills Options Choose **TWO**:

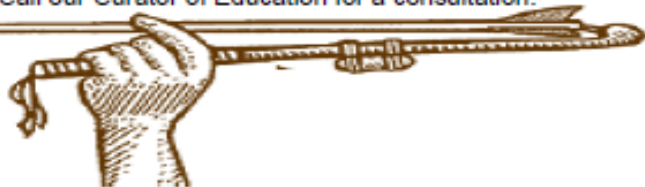
- Chunkey**-A game of hunting skill where one person rolls the Chunkey stone and two players throw spears to mark the anticipated resting spot of the stone.
- Cherokee Marbles**-A game played with billiard balls on a course of ten holes.
- Atlatl (At-LA-tuhl)**-An ancient hunting tool which predates the bow and arrow. It was used to launch a light dart, similar to an arrow.
- Blowgun**-Made from hollowed-out river cane, the blowgun was used to hunt birds and small animals.
- Children's Games**-Play games such as Keeper of the Fire, Rattlesnake, and Danger Signal.

NATIVE PEOPLE COUNCIL PATCH

Duration: Varies (customized program-all ages)

Cost: Varies

We can help your troop fulfill requirements for the Native People of East Tennessee council patch, customized by the troop leader! Prices will vary, depending on the length of your visit and materials needed, but are comparable to our other programs. Call our Curator of Education for a consultation.



Please Note:

- ▶ With the exception of Heritage Quest, all scout programs require 4 weeks' notice. Please give at least 24 hours' notice for Heritage Quest.
- ▶ A \$50 non-refundable deposit is required no later than two weeks prior to your visit. This deposit will be applied toward your total cost. The remaining fees are due the day of your visit. MasterCard, Visa, Checks, and Cash are accepted.
- ▶ We recommend at least one chaperone for every 8 girls. Parents pay \$6.00 each, and 1 Troop Leader for every 8 girls is admitted free. Siblings pay the same rate as girl scouts.
- ▶ Minimum group size is 8 scouts plus adults. Call for information regarding maximum groups sizes for individual programs. There is no minimum or maximum group size for Heritage Quest.
- ▶ Girl Scout programs can be arranged for any day, Monday through Saturday, year round, and evening hours are available. Call us to schedule a day and time that works best for your troop.
- ▶ Interested in doing an activity not listed here? Custom programs may be arranged for an additional fee.
- ▶ Call us about overnight camping and camp-ins.

Programs can be adapted for use with all ages!

Heritage Center programs for scouts are sponsored by Foothills Kiwanis. Native American educational programs are made possible through a grant from the Cornerstone Foundation.

Troop leaders: We have what you've been looking for! Fun, hands-on activities for a 2-hour troop meeting or a 4-hour Saturday adventure!

The Great Smoky Mountains Heritage Center celebrates the incredible ingenuity and enduring spirit of our mountain ancestors.



Available programs for girl scouts include hands-on activities, such as learning to use a primitive hunting tool, making a troop quilt, or exploring a day in the life of "Abigail," a young girl traveling in the 1800s.

Contact us to schedule a day of fun for your troop!



**Katherine Prince
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